

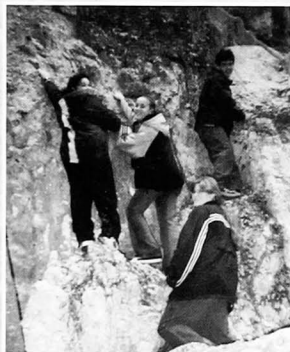


### London Trip

The Outdoor Ed. trip to London during Thanksgiving break was a huge success with 37 participants. From The Tower of London to the Cliffs of Dover, students and chaperones thoroughly enjoyed this unique educational opportunity.

## OUTDOOR EDUCATION

**An opportunity to discover your stamina ... endurance... strength...  
In the wintry Alps, cosmopolitan London or even in quaint Spain,  
our students proved that they had what it takes.**



Rock climbing, a favorite activity of our outdoor education students, builds endurance and strength. The challenges they face during these outings are numerous and are met with confidence gained through long hours of training.



"I joined the Outdoor Education Program because I thought it was going to be interesting being involved in outdoor activities with some cool people. It has been just that! In Spain we went hiking around a monastery and I tried lots of new things like team building activities. The worst part is the *run & dip* in ice cold water at the Hinterbrand Lodge at an in decent time in the morning!"

*Felicitae Vasquez, sophomore*



Michelle Lewis, Noel Brannock, Felicitae Vasquez and Chris Hernandez practice mountaineering skills and trust building on the ropes while enjoying the beach in Spain. Conquering the fear of heights is a vital part of the outdoor education program at Bitburg High School and also a necessary skill needed for an adventure-packed week in Berchtesgaden.